

## MANAGING YOUR EXPENSES BALANCED – WEEK 3

What fuels our consumer economy... and our financial imbalance? Discontentment.

If only I had \_\_\_\_\_ then I would be happy.

Discontentment: the dissatisfaction I have with what I have

- Discontentment is an appetite.
- Discontentment is fueled by awareness.

What if we decided to become discontented with discontentment?

<sup>6</sup> But godliness with contentment is great gain. <sup>7</sup> For we brought nothing into the world, and we can take nothing out of it. <sup>8</sup> But if we have food and clothing, we will be content with that. <sup>9</sup> People who want to get rich fall into temptation and a trap and into many foolish and harmful desires that plunge men into ruin and destruction. <sup>10</sup> For the love of money is a root of all kinds of evil. Some people, eager for money, have wandered from the faith and pierced themselves with many griefs.  
1 Timothy 6:6-10 (NIV)

- Discontentment is dangerous

<sup>11</sup> But you, man of God, flee from all this, and pursue righteousness, godliness, faith, love, endurance and gentleness.... <sup>18</sup> Command them to do good, to be rich in good deeds, and to be generous and willing to share. <sup>19</sup> In this way they will lay up treasure for themselves as a firm foundation for the coming age, so that they may take hold of the life that is truly life.  
1 Timothy 6:11, 18-19 (NIV)

Financial balance principle #3: Develop contentment by redirecting my pursuits.

- What creates discontentment in me?
- What can I do to change my awareness?
  - Become less aware of what i don't have.
  - Become more aware of the great gain of godliness
  - Become more aware of the danger of discontentment
  - Become more aware of the needs of others
- What should I become more discontent over in my life?

Discontentment is dangerous. It will get your unbalanced. Constant correction requires an intentional move in another direction.

Action step: plan your funds then fund your plans

Go online to [xroadscc.org/homepage/balanced](http://xroadscc.org/homepage/balanced) to download the spending plan worksheet